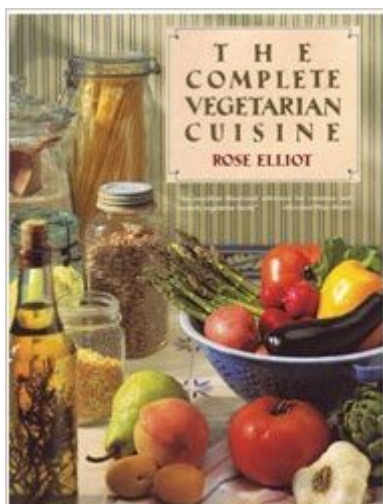


The book was found

Complete Vegetarian Cuisine



Synopsis

The newest cookbook to achieve immediate top backlist bestseller status for us. An oversize format, lots of photos and drawings, 300 recipes, and tons of well-organized info on ingredients, nutrition, and preparation. A terrific vegetarian cookbook.

Book Information

Paperback

Publisher: Pantheon (May 19, 1990)

Language: English

ISBN-10: 0679725008

ISBN-13: 978-0679725008

Product Dimensions: 1 x 8.5 x 11.2 inches

Shipping Weight: 2.6 pounds

Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (16 customer reviews)

Best Sellers Rank: #1,726,772 in Books (See Top 100 in Books) #215 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Vegan

Customer Reviews

The first thing you notice about this cookbook is how beautifully it is illustrated. Probably 25% of the recipes are accompanied by pictures. The first hundred pages or so contain pictures and descriptions of many ingredients, common and uncommon. But after you've finished oh-ing and ah-ing over the pictures, you start to appreciate the recipes themselves. Most of them are elegant, and many are complicated. But all of them that I've tried are excellent. Try the Tagliatelle Verde with Lentil Sauce -- I was amazed that pasta with red lentils could taste so good. Every vegetarian (and even non-vegetarians) should have a copy of this book, if only for the inspiration it provides. It is a great gift book.

This is my favorite cookbook! It has lots of pictures and gives tips and variations for each recipe. The information at the front of the book about different vegetables, fruits, and herbs along with colorful photos is a great reference tool for finding out about unfamiliar ingredients.

I love this book. My favorite recipe is for potato leek soup. It is so yummy and it is low fat which is surprising since it doesn't taste like it is. I looked at a lot of other books for that recipe and they were kind of deadly (so much fat!). This book is beautifully illustrated. In addition to the many recipes that

range from main dishes to deserts it contains sections describing vegetarian ingredients (including photos to more easily identify the ingredients) and how to best prepare these ingredients. This is a very comprehensive vegetarian guide even for people who just want to add more vegetables to their diet.

Rose Elliott's book is packed full of easy veggie. recipes with readily available ingredients. Recipes within different subjects (pasta dishes, soups etc.) are arranged in alphabetical order. All the recipes I have tried have been very good.

I have the older version of this book, and it was the FIRST vegetarian cookbook I ever received. It is an amazing resource, with fantastic photos and descriptions of fruits & veggies at the beginning, and "get real" recipes that are wonderful!! I have been making the eggplant parm from this book for 16 YEARS! Highly recommended!

The recipes are good, but the best part for a beginner like me are the clear photos of fruits and vegetables and the tips about how to prepare them. This book expanded my horizons and made me more adventurous. Thank you, Rose Elliot.

This is a great cookbook. Quality of product was as described and item arrived before Christmas even though it was not scheduled to which was great as it was a gift. Great seller, great cookbook for all (not just vegetarians).

It is a beautiful cookbook, many excellent photos, sample menus (also with photos) and a range of recipes that range from the easy to those best tried with cooks who have some experience. The photos also include ingredients in their natural state so you know what they look like when you go shopping. Recipes include lentil shepherd's pie, vegetable terrine, Japanese flower salad, vegetarian moussaka, rose cheesecake, and old-fashioned treacle tart. So why only 4 stars? Because there's a recipe missing, the very first one I wanted to try: Cucumber and yogurt soup, p. 138. It's listed both in the index and in a sample menu. However, recipes of that sort can be found in many places, including online so, while irritating, the book is still solid.

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